Explanation of Community and School service hours for NJHS

Community and school service hours are *unpaid* activities—time given freely of one's own will. Community service is designed to improve the quality of life for community residents or schools. Community service can occur in such fields as health care, child care, literacy training, education (including tutuorial services), welfare, social services, transportation, housing and neighborhood improvement, public safety, crime prevention and control, recreation, rural development, and community improvement. School service hours are to be done at school helping a teacher or other student(s).

This list is not all-inclusive. These are examples only.

Church-related Activities

- 1. participating in a dunking booth for a church
- 2. working as a meal volunteer for senior citizens
- 3. babysitting during church services (unpaid)
- 4. serving as a Sunday School teacher/assistant
- 5. providing rides to services for those without vehicles
- 6. participated in a Bowl-a-Thon for a cause
- 7. Easter Egg hunts
- 8. mission trips

Community-based Activities

1. working as an auction volunteer for a community-service organization such as Lions, Lioness, Ducks Unlimited.

- 2. working as a blood drive volunteer at a Red Cross Bloodmobile
- 3. participating in a Relay for Life activity
- 4. serving as a volunteer at the local hospital
- 5. serving as a Big Brother/Big Sister
- 6. becoming Red Cross safety certified
- 7. participating in a March of Dimes activity
- 8. Christmas caroling at the senior citizen home
- 9. adopt-a-highway clean-up days
- 10. serving as an EMT/volunteer fireman
- **11**. bell ringer for Salvation Army
- 12. coaching Little League/other unpaid activities
- 13. public library volunteer
- 14. counting coins for disaster relief
- 15. telephone operator for a telethon

School hours

- 1. open house volunteer
- 2. working at a school-group concession stand
- 3. gathering and sorting items for a food drive
- 4. working at a elementary school fair or book fair
- 5. working at a Basket Bingo to raise funds for a charitable organization
- 6. serving as a math, science, English, etc., tutor
- 7. guiding freshmen tours
- 8. volunteering at a school-based sports tournament
- 9. reading to elementary students on Dr. Seuss days
- 10. gift wrapping for need families

11. served as volunteer assisting teachers with clerical-related activities (unpaid – if you are an aide this doesn't count)

- 12. assisting in the school play/musical if you are not in the class
- 14. lab assistant
- 15. pit orchestra
- 16. school announcements
- 17. assisting with kindergarten orientation
- 18. volunteer clerical activities

Miscellaneous Activities

- 1. stuffing envelopes for a school-based or community organization
- 2. assisting senior citizens with painting house, cleaning yards, clearing snow
- 3. collected coins at local banks for a charitable organization
- 4. collected Toys for Tots