

Demerit/Merit System

The demerit system will be used as a disciplinary procedure that will apply to infractions of rules and policies. Demerits are determined by the coach and kept on record for the entire season. Members will be informed when they receive a demerit and required to sign for it. After 12 demerits have been received, a member is dismissed from the squad for the remainder of the school year. For every four demerits received, the cheerleader will receive a one game suspension (the cheerleader must be dressed and sit the bench during the entire game. The cheerleader will not be allowed to cheer in regular games until the suspension is served.)

The following behavior(s) that will result in demerits include, but are not limited to:

One demerit will be given for:

- 1-10 minutes tardiness to any required event.
- Leaving practice/game/event early.
- Chewing gum during practice, games, or pep rally.
- Wearing wrong practice clothes or improper uniform (this includes forgetting poms, ribbons, shoes, **not having hair UP**, etc.)
- Initial teacher complaints (TBD by coach)

Two demerits will be given for:

- More than 10 minutes late to any required event.
- Lack of attention/performance during practice, performance, or activity (talking, laughing, not standing at attention, etc.) (TBD by Coach)
- Using cell phones during practice/games/activities.
- Unexcused absence from practice/game.
- Eating or drinking at games or practice during non-designated times.
- Failure to attend a game during suspension.

Three demerits will be given for:

- Repeated disrespect toward a squad member. (TBD by coach)
- Repeated teacher complaints. (TBD by Coach)
- Failure to display good sportsmanship.
- Saturday or Evening School.
- Repeated use of profanity during practice/games/events. (this includes any music that is broadcasted) (TBD by coach)

Five demerits will be given for:

- Any inappropriate behavior which reflects the reputation of the squad or school.
- Any inappropriate behavior toward any coach.

Immediate dismissal from the squad

- If a cheerleader is suspended from school, they will be removed from the squad.
- Any cheerleader convicted of a crime or gets into trouble with the police will be removed from the squad.
- Any cheerleader posting inappropriate pictures, harassing others, or posting inappropriate comments on social media (Facebook, Twitter, Instagram, etc.) will be removed from the squad.

Merit System

For every three MERITS earned, you can cancel a DEMERIT!

After 10 merits, you will receive a black fleece Varsity ear warmer for football games! Other goodies will be awarded in conjunction with the ear warmer.

The following behavior(s) will earn you one merit:

- An "A" on an official Progress Report or Report Card in a **CORE CLASS** from the school (Math, Science, History, English, Foreign Lang)—one merit for each A!
- If a teacher compliments you to one of your coaches (start sucking up!) (2 merits for a compliment from Admin).
- JBN nomination.
- Exceptional teamwork/encouragement/leadership skill.
- Achieving a new skill/goal with consistency. (TBD by coach)
- Any other act deemed EXCELLENT by one of your coaches!

Please keep in mind this demerit/merit system is in addition to any rules/guidelines found in the tryout packet which you signed at the time of tryouts. Any violations of those rules/guidelines may result in demerits or suspension from the squad.

Please read the above demerit/merit guidelines, review the rules/guidelines in the tryout packet, then sign and return the form below at our next practice.

I, _____, have read the above demerit/merit guidelines and agree to abide by them for the current school year and the 2019-2020 school year. If I have any questions or problems I agree the best way to handle my issue is to come directly to Ms. Donohue and discuss my concerns. Voicing my concerns to a squad member or my parents only delays finding a solution and Ms. Donohue can't resolve an issue she isn't aware of.

Cheerleader Signature

Parent Signature

Date